



## Do you ever get jealous?



**Stan is Harry's brother but he doesn't have haemophilia. Sometimes he gets fed up when he has to wait about the hospital.**

Sometimes it's hard having a brother or sister with a bleeding disorder. You might have to go along and wait around the hospital, which can be really boring and might mean you can't go out and play with your friends.

**What can make hospital trips more fun? Send us your tips.**

Because your brother or sister has a bleeding disorder, they will take up quite a bit more of your parents' time. This is because they will need to have injections, or they might need to go to the hospital for check-ups sometimes.

You might feel left out and think that your brother or sister is the favourite because they spend a lot of time with them and worry about them.

But please don't think that all of this means anyone cares more about your brother or sister than they do about you, it's just that your brother or sister's bleeding disorder takes up a lot of time.

If you are feeling a little left out, why not ask your parent or carer if you can do something together once a month, like going to the cinema.

Also, why not go along to the hospital with your brother or sister? This way, you can see the treatment that they have to have. Then if you want to know more about it, or learn more about their bleeding disorder, you can talk to the doctor or nurse who will look after your brother or sister in the hospital.

Your brother or sister might also enjoy the extra company, because going to the hospital for treatment isn't much fun for them.

Remember...People might spend more time with your brother or sister, but this doesn't mean that they don't care about you as much, it is just that they might be worried about your brother or sister.

Maybe you live with a step-brother or sister who has a bleeding disorder? There are all different kinds of families with bleeding disorders. You can still get involved and you can come on our holidays too.



**The Haemophilia Society is not responsible for the content of other sites. Please surf with care!**

**Sibs**

for brothers and sisters  
of people with special needs

[Click here to find out more - but please surf with care! The Haemophilia Society is not responsible for the content of other sites.](#) Sibs is for people who grow up with a brother or sister with special needs, disability, chronic illness. This group of people are often referred to as 'siblings'. There are at least 2 million of these siblings in the UK. Many siblings need support and information at different stages of their lives.