



Download Young Bloods

Young Bloods www.youngbloods.org.uk Issue 1 Spring 2007

Readers' Gallery

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BLAST THE BLEEDS

Will I'm Henry? Did you come to see us last year? We've got lots more fun for you!

Carl and Sammy raised over £300 by packing bags in the supermarket.

We were in Liverpool and Glasgow for the Euro-Division Star 2007. We spotted you learning about juries, answering quiz questions, getting justice and more. And of course a great treat for all of you who came to see us!

Well done to all our fantastic readers!

Want to appear in Young Bloods? Send us your pictures and stories and win a prize!

Your aged 7 sent us this great drawing

Sports Awards

Miles aged 11 and Jacob aged 9 were the winners of our Haemophilia Society Sports Awards, 2007. Miles is a keen swimmer and Jacob is a budding gymnast.

The boys, who both have haemophilia, travelled to London with their families for a stadium tour and ceremony at Chelsea FC. We even met Stamford the lion and the mascot!

The boys were presented with certificates and prizes by the Haemophilia Society and the people who sponsored the event.

Meef Shane

Shane is 13 and has severe haemophilia A with an inhibitor. Last year Shane won the Haemophilia Society Award for his chronic, ongoing and severe haemophilia.

This is his story of his trip to London with his family.

As the day for leaving home drew near, Shane and I were getting very excited as we had seen more of London's collection on the TV. We caught a flight out of Belfast and arrived in London by the afternoon.

Once we got settled in our hotel room we got on the tube to do some sight-seeing. (Thankfully I don't take any pain killers and I had some to take. We went to the London Eye - that was fabulous! I could see so much from up there. We went to the Chelsea football ground and got to see the Blues - it was really exciting! But afterwards we were presented with the award of Chronic Disease Hero and taken to Mollin's restaurant. The waiters were really great and I had my phone taken home very nicely.

When I got home, I was so tired and so happy. We had a fabulous time in London and I want to say a very big thank you to all in the Haemophilia Society who make it possible. Shaggy

Holidays 2008

Haemophilia Society holidays help you travel with people, by new things, and have fun!

This year we are going to stay on the Blue Coast (Cornwall) for an exciting weekend instead of Scotland, and this time we'll be staying in the Devon location. We'll be staying in the Devon location.

Things to give the children:

- A hat of choice
- A bag of choice
- Fully inflated haemophilia balloons
- A beach ball

Mill on the Bruce now full up

Quality award 13 from various organisations

Family Corner

It can be tough for everyone when someone in the family is ill or has a medical condition. You might feel sad or confused sometimes. You are welcome to come to any of our events or holidays. You'll have something that will help them feel better or how to treat their bleeding disorder. You will also have fun and meet other people like you!

Richard tells us about being a sibling.

Hi my name is Richard and I'm 10. My brother Shane has severe haemophilia and he usually has the flu. Shane and I go to school together. We go to school from the school and from the school and the family had to leave to London for the celebrations. When Shane had his first bleed over the moon. On the day that Shane got his Award we went to Chelsea Stadium and went on a tour of the grounds. Shane and I ran through the tunnel and on to the pitch just for the big football game. Afterward we were shown the changing rooms.

Later that day we went to an important suite where Shane was given his Award. I was really proud for Shane because a bit of the time he is in the hospital. He really loves the laugh a lot and we are very good friends. See p.3 for Shane's story.

These questions are based on real questions to our children

Your School Questions

1. I don't like any of the PE teachers. One day I had a cough and my teacher said they were looking for a new teacher. How can I get him to understand?

2. My school are going on a trip abroad but they don't let me go because of my haemophilia. What can I do?

3. Some kids are bullying me at school. They call me names and make fun of me when I have to use my crutches or wheelchair. It makes me want to stop at home.

Competition Corner

Can you help Kris get through the maze to the David Beckham Academy holiday? You can win a £500 voucher to go to any of the haemophilia centres in the UK.

Sports corner

The Irons - Gymnast

Jacob is a star gymnast of the age of 9 and has already been in lots of competitions. He also has severe haemophilia. How can he get to good at gymnastics?

10-12

Jacob trains with a club on the coast but he is in a safe zone with proper supervision. He undergoes his treatment for 30 seconds before. Competition keeps his muscles strong and flexible, which can prevent bleeding.

Practice: Jacob does gymnastics for an amazing 10 hours a week. And his dedication makes him a star!

Aim High

When he grows up, Jacob would like to be a gymnast or a coach.

Why not tell us about your favourite sport?

Win a great prize and help out the Haemophilia Society?

ART TIME

Every year we sell special Christmas cards for the Society and this year we want YOU to design them. We will give free printing and postage. We will make into real Christmas cards. You can win a £500 voucher to go to any of the haemophilia centres in the UK.

How to enter:

Using an idea of a picture or scene you can imagine, or something to you that you like. The topic can be anything. It can be a picture number and tell us about your picture in under 100 words.

Young Bloods is a project of the Haemophilia Society Ltd. The Haemophilia Society, 57a Hatfield Common, Hatfield, Hertfordshire, AL9 7RQ. Telephone: 0202 218 0000. Email: info@haemophilia.org.uk

BLAST THE BLEEDS!

Our version of Snakes & Ladders - Bleeds & Ladders! Roll the dice and slide back down the board. Follow the arrows up if you do something that's good for you.

How to play

For counters, use coins, buttons or anything small.

Roll the dice and move forward by that number of spaces.

Get to the top and you've won!

Get to the top and you've won!

How to make the spinner: Cut out carefully and poke a small pencil through the middle. Give it a spin and see which number it lands on.

If you can't find any dice why not get to grips with it to help you make this spinner instead!

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