



Brothers and Sisters

'A lot of the time my brother is in a wheelchair or in hospital...he makes me laugh a lot and we are very good friends' - sister of someone with haemophilia

Even when you love them very much, there are times when having a brother or sister with a bleeding disorder can be a real pain. Being dragged round hospital, having holidays interrupted or just generally feeling like you always come off second best when it comes to getting some attention.

It's not as though you don't understand. And you know it's all not exactly a barrel of laughs for your brother or sister. It's just sometimes you feel that it would be nice to be the focus of all the attention once in a while.

Maybe it's your mum or dad who has a bleeding disorder and they don't like to talk about it.

Don't forget you can also come on our holidays and events if you are a sibling or if your parent has a bleeding disorder.

The important thing to remember is that thousands of people in the UK know exactly how you feel. It's natural for parents to spend more time on your brother or sister. If something happened to you they would drop everything for you. Some parents get very worried about getting all this right and will often appreciate some help from you. It may sound a bit strange but if you are feeling a bit ignored then it can be surprising what mentioning it in the right way can achieve.

It might be a good idea to have a look at the Sibs website that you can link to from this page. There you can find out just how many other brothers and sisters are out there.

Related Links



[Click here for further info - but please surf with care! The Haemophilia Society is not responsible for the content of other sites.](#) Sibs is for people who grow up with a brother or sister with special needs, disability, chronic illness. This group of people are often referred to as 'siblings'. There are at least 2 million of these siblings in the UK. Many siblings need support and information at different stages of their lives.

[Backing blood brothers](#)